WHAT CAN YOU DO ABOUT DOMESTIC VIOLENCE?

Do you know how you can help prevent domestic violence? Here are some simple things:

- Talk to those you love about love: It's an simple as just asking "How's your relationship going?"

 ASK A QUESTION LISTEN UP STAY CONNECTED
- If your friend reveals something, or you have seen or heard about things going on in their relationship that concern you, it can be overwhelming but these phrases can help:
 - o "I care about you, and I'm concerned for you."
 - "I've seen (or heard about) some things things that make me uncomfortable (or scared)."
 - "I know some people you can talk to about what's going on... (and encourage them to call or meet with an advocate)."
- Check out our website for other ideas about what friends and family can do to help someone. www.dvsbf.org
- Check us out on facebook as we post lots of different ideas over the month about what each of us can do about domestic violence. www.facebook.com/dvsbf



We got most of these ideas from Washington State Coalition Against Domestic violence. http://wscadv.org/ Download their "How's Your Relationship?" cards, or check out their website, blog and facebook for more great information about domestic violence and how you can talk about it.

DOMESTIC VIOLENCE SERVICES OF BENTON & FRANKLIN COUNTIES

3311 W. Clearwater Avenue, Suite C140 • Kennewick, WA • 99336 • Phone: 509.735.1295 • Fax: 509.582.9720 24-Hour Crisis Line: (509) 582-9841 • Toll Free 800-648-1277 • Fax: (509) 946-0519

WHAT CAN YOU DO ABOUT DOMESTIC VIOLENCE?

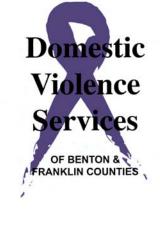
Do you know how you can help prevent domestic violence? Here are some simple things:

- Talk to those you love about love: It's an simple as just asking "How's your relationship going?"

 ASK A QUESTION LISTEN UP STAY CONNECTED
- If your friend reveals something, or you have seen or heard about things going on in their relationship that concern you, it can be overwhelming but these phrases can help:
 - "I care about you, and I'm concerned for you."
 - "I've seen (or heard about) some things things that make me uncomfortable (or scared)."
 - "I know some people you can talk to about what's going on... (and encourage them to call or meet with an advocate)."
- Check out our website for other ideas about what friends and family can do to help someone. www.dvsbf.org
- Check us out on facebook as we post lots of different ideas over the month about what each of us can do about domestic violence, www.facebook.com/dvsbf

Domestic violence is a complex issue with no easy solution, but it's simple for all of us to do something!

We got most of these ideas from Washington State Coalition Against Domestic violence. http://wscadv.org/ Download their "How's Your Relationship?" cards, or check out their website, blog and facebook for more great information about domestic violence and how you can talk about it.



OF BENTON &

FRANKLIN COUNTIES ,

